

Thalema Williams Studios
DANCE ACADEMY

USVI COMPANY - JUNIOR, TEEN & SENIOR

AGES 11-19

**TOTAL OF 9 HOURS & 15 MINTUES
A WEEK MINIMUM**

4 HOURS OF BALLET PROGRAM

2 HOURS & 30 MINS OF **BALLET**, 30 MINS OF **STRETCH, CORE & CONDITION**,
30 MINS OF **IMPROV/VARIATIONS** & 30 MINS OF **JUMPS, TURNS & LEAPS**

1 HOUR & 30 MINS OF ACROBACTIC PROGRAM

1 HOUR OF **ACRO/TUMBLING** & 30 MINS OF **ACRODANCE**

1 HOUR OF FUSION PROGRAM

1 HOUR OF **TAP**

OTHER REQUIREMENTS

2 HOURS OF USVI COMPANY CLASSES (TUESDAY & THURSDAY)

(1) 45 MINS PERFORMANCE COMPANY CLASS (FRIDAY)

(2) TWS INTENSIVES (ONE TIME FEES)

(1) USVI COMPANY BOOT CAMP (ONE TIME FEE)

CLI STUDIO CLASSES (NO COST)

MUST HAVE USVI COMPANY UNIFORM

PLEASE NOTE: STUDENTS CAN ADD ADDTIONAL CLASSES IF PREFERRED.